

Low Power Radio Contesting

DAVE CHERBA WZ8T



My Background

- ▶ Electrical Engineer 1975 University of Michigan focused on field theory and numerical methods
- ▶ Repaired and designed a large variety of equipment and automated controls
- ▶ PhD. Computer Science 2005 Michigan State University
- ▶ Always wanted to be an amateur radio operator since 1963 but could never pass the code
- ▶ Finally got my radio licensed in 1989 earned extra class in 1990 (took three tries on the 20 wpm code)
- ▶ Relocated from Michigan to Vancouver Washington 2016
- ▶ Very active in Amateur radio: DXCC, VUCC 2m-6M-70cm-1.25m, Satellite
- ▶ Active in ARES, RACES and member of WVDXC, CCARC, PNWVHF
- ▶ Low power contesting DX and Grid squares on HF, VHF

My Station



Antennas



Contest Results Low Power SSB

Primarily: Section/Division/Call Area winner

- ▶ CQWW
- ▶ CQWPX
- ▶ CQWWRTTY
- ▶ ARRL Sweepstakes
- ▶ ARRL VHF (January, June, September)
- ▶ ARRL DX
- ▶ 7QP
- ▶ IARU
- ▶ Salmon Run
- ▶ MIQSO

Why do Radio Contesting

- ▶ A way to measure the combined strength of your operating skills and station construction
- ▶ Build up your skills and knowledge
- ▶ Learn to operate sleep deprived and under stress
 - ▶ This is what real emergency or disaster communications will be like
- ▶ Have Fun!!!
- ▶ Achieve operating goals
 - ▶ WAS, DXCC, VUCC, WAZ, Worked all Counties, Worked Grids

It is not about winning a Certificate or Plaque

- ▶ Did you have Fun?
- ▶ Did you achieve the goals for this contest?
 - ▶ 100 QSO's, 3 new countries, 10 new states, new operating mode
- ▶ What did you learn?
 - ▶ What band and when is it really open for you to XXXXX?
 - ▶ What timing of sending your call worked (tail end, wait, call twice)?
 - ▶ How long to try for the new multiplier or try the next day?
- ▶ Did your operating plan work?
 - ▶ No battle plan survives first contact

This is not a level playing field

- ▶ Antennas
 - ▶ Stacked/high elevation/tall towers beams HF 6-10 dB
 - ▶ Single beam 0 dB
 - ▶ Wires -3 dB
- ▶ Power
 - ▶ High power 10 dB
 - ▶ Low power 0 dB
 - ▶ QRP -13 dB
- ▶ Operator skill
 - ▶ New operator doing search and pounce
 - ▶ Moderate skilled operator running stations but mostly S&P
 - ▶ Experienced operator running and doing S&P
- ▶ Category
 - ▶ SO, MS, MM, Assisted, Triband and wires, AB, SB

Mix of operations

- ▶ Very few Big Guns
 - ▶ Multi-Multi 5-10 towers, four square, latest rig X 10, Big amps X 10
 - ▶ Multi Single or Two operators 2-4 towers
- ▶ Majority of operators are casual
 - ▶ Single tower or wires
- ▶ Good operators will out score many of the more powerful stations

Lets get educated and have fun

- ▶ Most contest now make logs public so you can look at and analyze other good operators
 - ▶ [CQ WPX - Public Logs](#)
 - ▶ [CQ WW - Public Logs](#)
 - ▶ [ARRL Public Logs](#)
- ▶ The playing field is not Level, decide which part of the field you want to play on
 - ▶ (low, high, QRP, Assisted, Multi-op, Single- op, Single Band, all band)
- ▶ Selecting contests to participate in
 - ▶ Hundreds of contest to choose from
 - ▶ Start with QSO parties or sprints

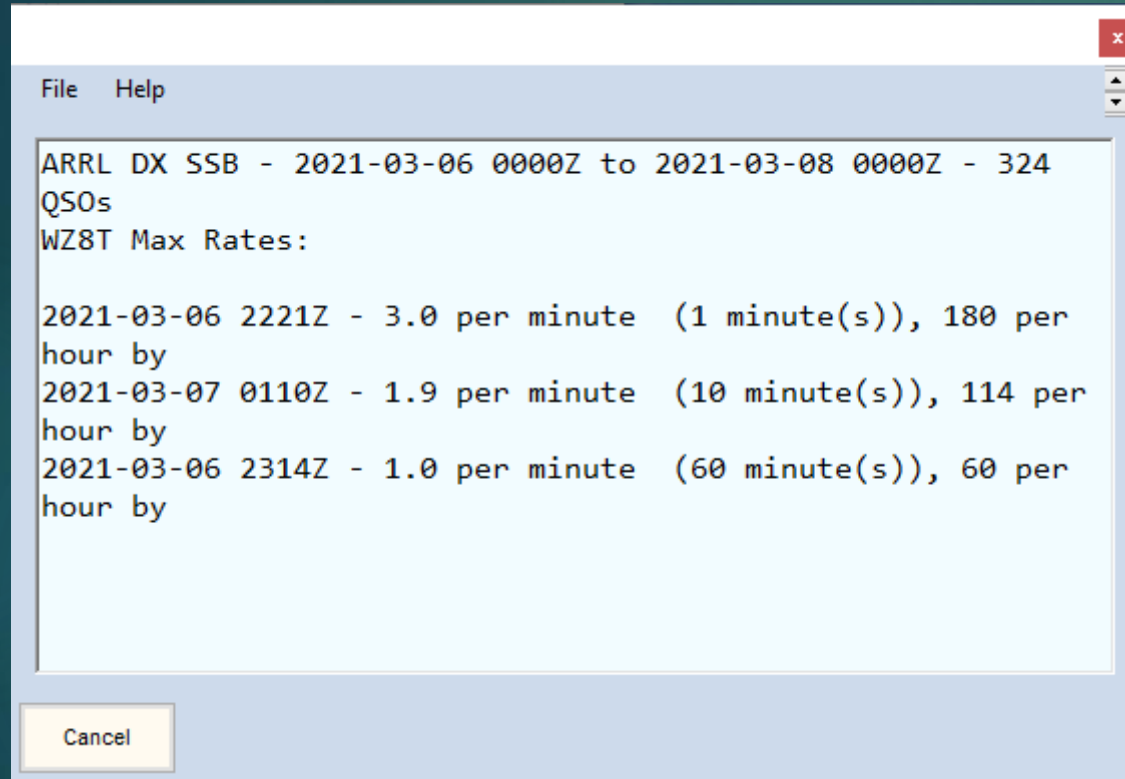
Knowledge and Experience

- ▶ Plan by predicting propagation and analyze for you station and location
- ▶ Plan by examining logs of successful operators
- ▶ When operating S&P stop and listen to good stations running and critique there operating
- ▶ Listen to those stations that the frequency owner response too
 - ▶ What did they do right?
- ▶ Don't emulate bad behavior
 - ▶ give call and exchange every time
 - ▶ Don't call on top of everyone

Logging software

- ▶ There are a variety of logging programs
 - ▶ Some do general logging in addition to contest
- ▶ Over 70% of logs are from N1MM
 - ▶ Free, supports hundreds of contest, can customize
- ▶ N1MM communicates/control radios, antennas, Spotting networks
- ▶ Full of features
 - ▶ Partial Call Check
 - ▶ Spotting
 - ▶ Rates, score summary
 - ▶ Statistics
 - ▶ Automated/ recorded messages
 - ▶ Integrates with RTTY, CW, FT8 programs
- ▶ Built in analysis tools

Rate analyses / Off times



File Help

ARRL DX SSB - 2021-03-06 0000Z to 2021-03-08 0000Z - 324 QSOs

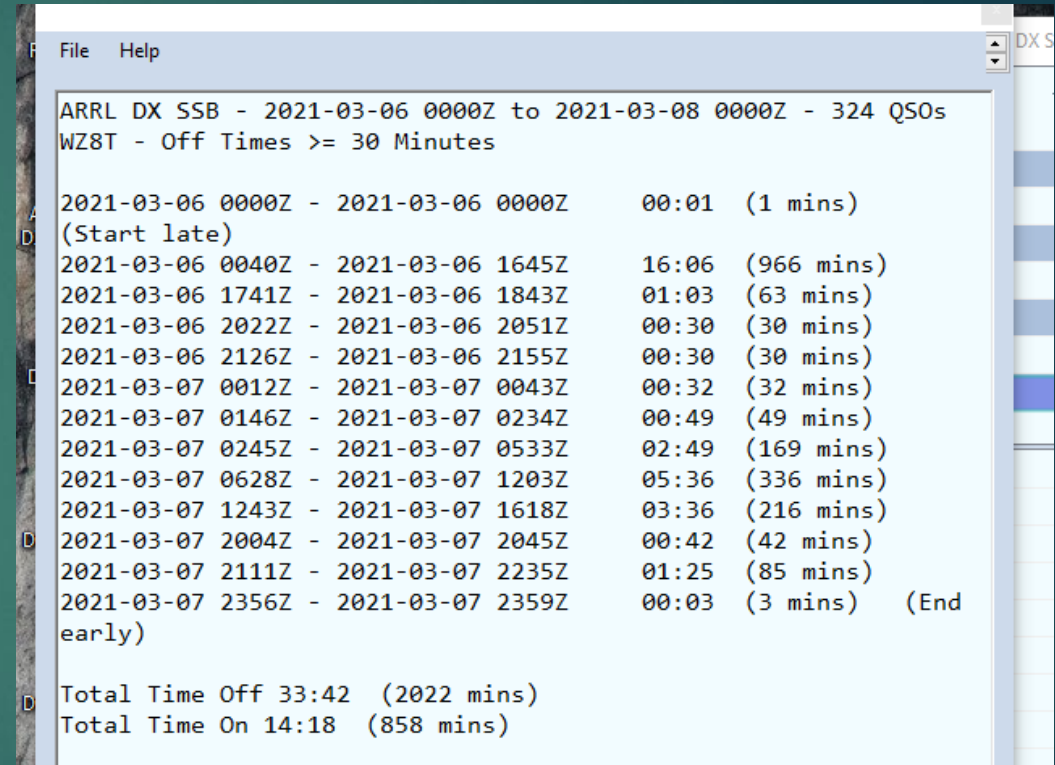
WZ8T Max Rates:

2021-03-06 2221Z - 3.0 per minute (1 minute(s)), 180 per hour by

2021-03-07 0110Z - 1.9 per minute (10 minute(s)), 114 per hour by

2021-03-06 2314Z - 1.0 per minute (60 minute(s)), 60 per hour by

Cancel



File Help

ARRL DX SSB - 2021-03-06 0000Z to 2021-03-08 0000Z - 324 QSOs

WZ8T - Off Times >= 30 Minutes

2021-03-06 0000Z - 2021-03-06 0000Z	00:01	(1 mins)
(Start late)		
2021-03-06 0040Z - 2021-03-06 1645Z	16:06	(966 mins)
2021-03-06 1741Z - 2021-03-06 1843Z	01:03	(63 mins)
2021-03-06 2022Z - 2021-03-06 2051Z	00:30	(30 mins)
2021-03-06 2126Z - 2021-03-06 2155Z	00:30	(30 mins)
2021-03-07 0012Z - 2021-03-07 0043Z	00:32	(32 mins)
2021-03-07 0146Z - 2021-03-07 0234Z	00:49	(49 mins)
2021-03-07 0245Z - 2021-03-07 0533Z	02:49	(169 mins)
2021-03-07 0628Z - 2021-03-07 1203Z	05:36	(336 mins)
2021-03-07 1243Z - 2021-03-07 1618Z	03:36	(216 mins)
2021-03-07 2004Z - 2021-03-07 2045Z	00:42	(42 mins)
2021-03-07 2111Z - 2021-03-07 2235Z	01:25	(85 mins)
2021-03-07 2356Z - 2021-03-07 2359Z	00:03	(3 mins) (End early)

Total Time Off 33:42 (2022 mins)

Total Time On 14:18 (858 mins)

What is specific to low power/modest station operating

- ▶ Holding a run frequency will be challenging
- ▶ Develop a realistic operating plan and goals
- ▶ How to find a run frequency (Band Scope)
- ▶ What mix of S&P verses Running
- ▶ Evaluate you chance of getting a new multiplier (or when you should try)
- ▶ Are assisted spots really helping
 - ▶ Is the spotted call wrong?, Is another station at the spot
 - ▶ Did you miss good stuff by not scanning the band
- ▶ I want to have fun so when does it quit being fun?
- ▶ When should you sleep, take time off, reduce the frustration factor

General rules

- ▶ Operate on the highest frequency band that is open
- ▶ Switch between all open bands regularly
- ▶ Do S&P looking for an open frequency to call CQ on
 - ▶ Surprisingly it can be low in the band or high in the band
- ▶ If running and your rate drops look for the cause
 - ▶ Big gun .5kc up the band calling CQ
 - ▶ Another station you can't hear on the same frequency
- ▶ Check every spot to make sure it is accurate before you log it
- ▶ Error rates can lead to big score deductions
- ▶ Understand the value of multipliers vs QSO points
- ▶ Not all QSO's get the same number of points

Equipment concerns

- ▶ Is your equipment easy to use (not making costly mistakes)
- ▶ Do you have to tune antennas (make a cheat sheet with settings)
- ▶ Is it easy to switch antennas
- ▶ Get on before the contest and check things
- ▶ Especially check your latest version of software and OS
- ▶ Recorded Voice or synthesis
- ▶ Your health and stamina
- ▶ Headphones
- ▶ Ergonomics of your station
- ▶ Remove QRM and interference
 - ▶ (one area where radio performance counts)

Review points

- ▶ BIC (butt in chair) can't make QSO's if your not in the chair
- ▶ Choose which part of the playing field you want to play in
- ▶ Learn from other station logs and operating methods
- ▶ Practice with your station equipment (Just get on the air)
- ▶ Pick some contest to just focus on improving your skill
- ▶ Set your goals for each contest
- ▶ With good skills at a modest station you out perform a lot of high power stations
- ▶ You don't need big antennas and big amplifiers to have fun in a contest
- ▶ Make it fun